

Flapjacks



Ingredients:

100g	Margarine
1 tbsp	Golden Syrup
100g	Sugar
125g	Oats
50g	Self-Raising Flour

1. Heat the oven to 190°C / 375°F / Gas Mark 5. Grease a baking tray.
2. Melt the margarine and syrup but do not overheat.
3. Mix in a bowl the sugar, oats and flour.
4. Pour the melted margarine mixture onto the dry ingredients and mix thoroughly.
5. Place on the tray and bake for 15 – 20 minutes until just firm.
6. Cut into fingers whilst still hot, leave to cool on the tray.